Name:

Calculating My Speed

SPEED = DISTANCE / TIME

|  |  |  |  |
| --- | --- | --- | --- |
| **Activity** | **Distance** | **Time** | **Speed** |
| Walk | 15 meters |  |  |
| Brisk Walk | 15 meters |  |  |
| Walk Backward | 15 meters |  |  |
| Skip | 15 meters |  |  |
| Jog | 15 meters |  |  |
| Run | 15 meters |  |  |